

★ INDEX

	Para	Page
Abdominal Thrust.....	2-13c.....	2-23
Acquired immunodeficiency syndrome. <i>See Sexually transmitted diseases.</i>		
Airway:		
Defined.....	1-3a.....	1-8
Opening of.....	2-3, 2-13, 2-14.....	2-3, 2-22, 2-26
Arteries.....	1-3b.....	1-9
Artificial respiration. <i>See Rescue breathing.</i>		
Bandages:		
Cravat.....	3-4h, 3-8e(2).....	3-13, 3-22
	3-15b, 3-16.....	3-38, 3-39
	3-17b, 3-18.....	3-41, 3-42
	3-19.....	3-42
Tailed.....	3-4e.....	3-8
Triangular.....	3-4g, 3-17a.....	3-12, 3-40
	3-20.....	3-43
Bandaging of body parts:		
Abdomen (stomach).....	3-12d.....	3-30
Armpit.....	3-15b.....	3-38
Cheek.....	3-8b.....	3-18
Chest.....	3-10c.....	3-24
Ear.....	3-8c.....	3-20
Elbow.....	3-16.....	3-39
Eyes.....	3-8a.....	3-16
Foot.....	3-20.....	3-43
Hand.....	3-17.....	3-40
Head.....	3-4e, 3-4f.....	3-8, 3-9
	3-4g, 3-4h.....	3-12, 3-13
Jaw.....	3-8e.....	3-22
Knee.....	3-19.....	3-42
Leg.....	3-18.....	3-42
Shoulder.....	3-15.....	3-37
Battle fatigue. <i>See Psychological first aid.</i>		
Biological agents, protection from.....	7-14.....	7-27
Bites:		
Animal.....	6-3.....	6-9
Human.....	6-3.....	6-9
Insect.....	6-5.....	6-11
Snake.....	6-2.....	6-5
Spider.....	6-5a.....	6-11

	Para	Page
Bleeding, control of:		
Digital pressure.....	App E.....	E-1
Elevating the limb.....	2-18 <i>b</i> , 2-19.....	2-36
Manual pressure.....	2-18.....	2-35
Pressure dressing.....	2-19.....	2-36
Tourniquet.....	2-20.....	2-39
Blisters.....	C-10.....	C-9
Blister agent.		
<i>See Toxic environment.</i>		
Blood:		
Circulation.....	1-3 <i>b</i>	1-9
Loss.....	1-4 <i>b</i>	1-11
Vessels.....	1-3 <i>b</i>	1-9
Breathing.		
<i>See Respiration.</i>		
Burns:		
Chemical.....	3-8 <i>a</i> (4)(<i>a</i>).....	3-17
	3-14 <i>a</i> (3).....	3-34
Electrical.....	3-14 <i>a</i> (2).....	3-34
Incendiaries, from.....	7-13.....	7-26
Laser.....	3-8 <i>a</i> (4)(<i>c</i>).....	3-17
	3-14 <i>a</i> (4).....	3-35
Thermal.....	3-8 <i>a</i> (4)(<i>b</i>).....	3-17
	3-14 <i>a</i> (1).....	3-33
Types.....	3-13.....	3-33
Canteen cap.....	C-3.....	C-1
Capillaries.....	1-3 <i>b</i>	1-9
Carbon dioxide.....	1-3 <i>b</i>	1-9
Carries, manual:		
One-man carries:		
Arms carry.....	Fig B-3.....	B-14
Cradle drop drag.....	Fig B-9.....	B-21
Fireman's carry.....	Fig B-1.....	B-6
Neck drag.....	Fig B-8.....	B-20
Pack-strap carry.....	Fig B-5.....	B-16
Pistol belt:		
Carry.....	Fig B-6.....	B-17
Drag.....	Fig B-7.....	B-19
Saddleback carry.....	Fig B-4.....	B-15
Support carry.....	Fig B-2.....	B-14
Two-man carries:		
Arms carry.....	Fig B-11.....	B-25
Fore-and-aft carry.....	Fig B-12.....	B-27
Four-hand seat carry.....	Fig B-14.....	B-30
Support carry.....	Fig B-10.....	B-23
Two-hand seat carry.....	Fig B-13.....	B-29

C2, FM 21-11

	Para	Page
Chemical-biological agents:		
Blister	7-3a.....	7-3
Blood.....	7-3a.....	7-3
Choking.....	7-3a.....	7-3
Incapacitating.....	7-3a.....	7-3
Nerve.....	7-3a.....	7-3
Protection from:		
Nerve agent antidote kit, Mark I.....	7-2e, 7-6.....	7-3, 7-6
Nerve agent pyridostigmine pretreatment.....	7-2c.....	7-2
Vomiting.....	7-3, 7-5c.....	7-3, 7-5
Chemical attack, first aid for.....	7-5.....	7-5
Chest cage.....	1-3a.....	1-8
Chlamydia.		
<i>See Sexually transmitted diseases.</i>		
Circulation.....	1-3b.....	1-9
Cold, conditions caused by.....	5-2d.....	5-10
Combat lifesaver.....	Preface.....	xvii
Combat stress reaction.		
<i>See Psychological first aid.</i>		
Contamination.....	1-4d.....	1-12
Contents of First Aid Case and Kits.....	App A.....	A-1
Diaphragm.....	1-3a.....	1-8
Digital pressure.....	App E.....	E-1
Disaster, reactions to.....	8-3, 8-8.....	8-2, 8-4
Diseases, sexually transmitted.		
<i>See Sexually transmitted diseases.</i>		
Dislocation of bone.....	4-1a.....	4-1
Dressing:		
Field first aid.....	App A.....	A-1
Wounds.....	3-4e,f.....	3-8, 3-9
	3-10c,d,e.....	3-24, 3-2
	3-12d.....	3-30
	3-14c.....	3-36
Ear, injury of.....	3-8c.....	3-20
Elevation of lower extremities.....	2-18b.....	2-36
Emotional disability.....	8-7.....	8-3
Equipment.		
<i>See First Aid.</i>		
Exhalation.....	1-3a.....	1-8
Eye, injury.....	3-8a.....	3-16
First aid:		
Case, field.....	App A.....	A-1
Definition.....	Preface.....	xvii
Do's and do not's.....	1-1.....	1-1
Equipment for toxic environment.....	7-2.....	7-1

	Para	Page
First aid (<i>continued</i>)		
Importance of.....	1-1.....	1-1
Kit:		
Decontaminating.....	7-2 <i>d</i> , F-2 <i>b</i>	7-2, F-4
General purpose.....	App A.....	A-1
Laser.....	3-8 <i>a</i> (4)(<i>c</i>), 3-13.....	3-17, 3-33
	3-14 <i>a</i> (4).....	3-35
Psychological.....	8-13.....	8-8
Foot:		
Frostbite.....	5-2 <i>d</i> (3).....	5-12
Immersion.....	5-2 <i>d</i> (2).....	5-11
Trench.....	5-2 <i>d</i> (2).....	5-11
Fractures:		
Closed.....	4-1 <i>a</i>	4-1
Open.....	4-1 <i>b</i>	4-1
Signs of.....	4-2.....	4-2
Splinting and immobilizing:		
Bandages for.....	4-4 <i>c</i>	4-2
Collarbone.....	4-8.....	4-17
Improvisations for.....	4-4 <i>a</i>	4-2
Jaw.....	4-8.....	4-17
Lower extremities.....	4-7.....	4-14
Neck.....	4-10.....	4-22
Padding for.....	4-4 <i>b</i>	4-2
Purpose for.....	4-3.....	4-2
Rules for.....	4-5.....	4-3
Shoulder.....	4-8.....	4-17
Slings.....	4-4 <i>d</i>	4-2
Spinal column.....	4-9.....	4-19
Upper extremities.....	4-6.....	4-10
Frostbite.....	5-2 <i>d</i> (3).....	5-12
Germs.....	1-4 <i>d</i>	1-12
Gonorrhea.		
<i>See Sexually transmitted diseases.</i>		
Heart, defined.....	1-3 <i>b</i>	1-9
Heartbeat.....	1-3 <i>b</i> (1), 2-8.....	1-9, 2-13
Heat:		
Cramps.....	5-1 <i>e</i> (1).....	5-3
	Table 5-1.....	5-6
Exhaustion.....	5-1 <i>e</i> (2).....	5-4
	Table 5-1.....	5-6
Heatstroke.....	5-1 <i>e</i> (3).....	5-5
	Table 5-1.....	5-6
Heimlich hug.		
<i>See Abdominal thrust.</i>		

C2, FM 21-11

	Para	Page
Hepatitis B.		
<i>See Sexually transmitted diseases.</i>		
Immersion foot	5-2d(2).....	5-11
Infection, prevention of	1-4d.....	1-12
Inhalation	1-3a.....	1-8
Injector, nerve agent antidote	7-8.....	7-8
Injuries:		
Abdominal.....	3-11, 3-12.....	3-28, 3-29
Chest.....	3-9, 3-10.....	3-23
Ear.....	3-8c.....	3-20
Eye.....	3-8a.....	3-16
Face.....	3-5, 3-7.....	3-13, 3-14
	3-8b.....	3-18
Head.....	3-1, 3-2, 3-3.....	3-1, 3-2
Jaw.....	3-8e.....	3-22
Laser.....	3-8a(4)(c).....	3-17
	3-14a(4).....	3-35
Mouth.....	3-7.....	3-14
Neck.....	3-6, 3-7.....	3-14
Nose.....	3-8d.....	3-21
Kit:		
Decontaminating.....	7-2d, F-2b.....	7-2, F-4
First aid, general purpose.....	App A.....	A-1
Litters, improvised	B-10.....	B-31
Lungs	1-3a.....	1-8
Mask, protective:		
Conditions for use.....	7-4.....	7-4
Equipment.....	7-2.....	7-1
Nerve agents	7-6, 7-7, 7-8.....	7-6, 7-7, 7-8
Nose, injury of	3-8d.....	3-21
Nuclear, biological, chemical.		
<i>See Chemical-biological agents.</i>		
One-man carries	App B, B-9a.....	B-5
Oxygen	1-3, 1-4.....	1-7, 1-11
Positioning injured soldier with/for:		
Abdominal (stomach) wound.....	3-12b.....	3-29
Artificial respiration (rescue breathing).....	2-4.....	2-7
Chest, sucking wound of.....	3-10f.....	3-28
Conscious.....	3-7c.....	3-14
Face wound.....	3-7c.....	3-14
Fractures:		
Neck.....	4-10.....	4-22
Spinal column.....	4-9.....	4-19
Head injury.....	3-4c.....	3-6
Neck injury.....	4-10.....	4-22
Shock prevention.....	2-23.....	2-45

	Para	Page
Positioning injured soldier with/for <i>(continued)</i>		
Snakebite.....	6-2c.....	6-6
Unconscious.....	3-4c.....	3-6
Pressure points	App E.....	E-1
Psychological first aid:		
Basic guides.....	8-2, 8-6.....	8-1, 8-3
Battle fatigue.....	8-10.....	8-5
Combat stress reactions.....	8-10.....	8-5
Defined.....	8-1.....	8-1
Goals of.....	8-5.....	8-3
Importance of.....	8-2.....	8-1
Measures.....	Table 8-1.....	8-12
Need for.....	8-13.....	8-8
Principles of.....	8-4.....	8-2
Reaction requiring.....	8-3, 8-11.....	8-2, 8-5
Pulse	1-3b.....	1-9
Rate of:		
Pulse.....	1-3b.....	1-9
Rescue breathing.....	2-6b.....	2-11
Reassuring injured soldier	8-6.....	8-3
Rescue breathing; method of:		
Mouth-to-mouth.....	2-6.....	2-8
Mouth-to-nose.....	2-7.....	2-13
Respiration:		
Artificial.....	2-4, 2-5.....	2-7
Defined.....	1-3.....	1-7
Scorpion sting	6-5.....	6-11
Sexually transmitted diseases:		
Acquired Immunodeficiency Syndrome.....	C-6a.....	C-4
Chlamydia.....	C-6.....	C-3
Gonorrhea.....	C-6.....	C-3
Hepatitis B.....	C-6.....	C-3
Syphilis.....	C-6.....	C-3
Shock:		
Defined.....	1-4c, 2-21.....	1-12, 2-44
Prevention.....	2-23.....	2-45
Signs.....	2-22.....	2-44
Snakebite	6-2.....	6-5
Snow blindness	5-2d(4).....	5-15
Spider bite	6-5.....	6-11
Splinting of fracture.		
See Fractures, splinting.		
Sprains	4-1a.....	4-1
Sunstroke.		
See Heat		

C2, FM 21-11

	Para	Page
Supplies.		
<i>See First aid.</i>		
Syphilis.		
<i>See Sexually transmitted diseases.</i>		
Throat, foreign body in.....	2-3, 2-13, 2-14.....	2-3, 2-22, 2-26
Thrusts:		
Abdominal.....	2-13c, 2-14b.....	2-23, 2-26
Chest.....	2-13c, 2-14c.....	2-23, 2-27
Jaw.....	2-3b.....	2-4
Tourniquet:		
Application of.....	2-20.....	2-39
Marking.....	2-20c(6)&(7).....	2-43
Toxic environment:		
First aid for:		
Blister agents.....	7-9c.....	7-22
Blood agents.....	7-11c.....	7-25
Chemical attack.....	7-11c.....	7-25
Choking agents.....	7-10c.....	7-23
Incapacitating agents.....	7-12.....	7-25
Incendiaries.....	7-13c.....	7-27
Nerve agents.....	7-8.....	7-8
Vomiting.....	7-9c(4), 7-10c(2)...	7-23, 7-24
Protection from.....	7-2.....	7-1
Transporting the wounded soldier.....	App B, B-7, B-8..	B-1, B-4
	B-9, B-10.....	B-5, B-31
Trench foot.....	5-2d(2).....	5-11
Two-man carries.....	App B, B-9b.....	B-1, B-23
Veins.....	1-3b.....	1-9
Vital body functions.....	1-3, 1-4.....	1-7, 1-11
Wounds:		
All.....	2-16, 3-3, 3-4.....	2-32, 3-2, 3-5
Severe:		
Abdominal (stomach).....	3-11, 3-12.....	3-28, 3-29
Burns.....	3-13.....	3-33
Chest, sucking.....	3-9, 3-10.....	3-23
Face.....	3-5.....	3-13
Head.....	3-1, 3-4.....	3-1, 3-5
Neck.....	3-6.....	3-14